

UC SAN DIEGO • OPHD

Pregnant & Parenting Student Support Referral Guide for Staff and Advisors

STAFF & ADVISOR ACTION STEPS: Inform the student that you are making a referral/report on their behalf. For referrals or reports sent to OPHD, notify the student that OPHD will likely reach out to request more information or invite them to meet.

SUPPORT & REFERRAL PATHWAYS

Student Need / Scenario	Primary Referral Pathway	Secondary / Compliance Referral
PREGNANCY Reasonable Modifications: Attendance flexibility, exam rescheduling, campus mobility, eating/drinking in class, additional bathroom breaks.	Refer to OPHD OPHD collaborates with the appropriate academic unit or student services to implement modifications.	<i>N/A (Handled directly via OPHD & academic unit)</i>
PREGNANCY & PARENTING Disability or Medical Accommodations: Pregnancy complications (bedrest/mobility, preeclampsia, gestational diabetes, sciatica) or parenting recovery (medical complications, postpartum depression/anxiety).	Refer to OSD (Office for Students with Disabilities) OSD formally reviews and implements medical accommodations under ADA/Section 504 guidelines.	
PREGNANCY & PARENTING Discrimination or Harassment Concerns: Potential discrimination, bias, or harassment based on pregnancy. Matters regarding parenting status are connected to whether discrimination or harassment is motivated by sex.	Report directly to OPHD OPHD investigates civil rights concerns and ensures equal institutional access.	
PARENTING Supports & Resources: Access to lactation spaces, temporary housing flexibility with reduced courseload, resources for dependents.	Refer to SACM Student Affairs Case Management facilitates requests and connects student directly to resources.	Refer to OPHD Required for compliance tracking and recordkeeping. OPHD will specifically review the referral for any concerns of Prohibited Conduct based on sex.
OPHD ONLINE REPORTING WEBFORM:		ucsdcms.i-sight.com/portal

KEY CAMPUS SUPPORT PARTNERS

Student Affairs Case Management (SACM) All SACM staff are trained to support students with dependents through holistic case management. This team also provides a centralized community, specialized resources, financial aid pathways, and peer support networks for pregnant/parenting students.	Students with Dependents Assistance Form If students are faced with increased financial hardship, or are in need of general resources, they can complete this form for additional assistance from the SACM team.
Women's Center Library Curates applicable policies, lactation maps, and advocacy guides for students, staff, and faculty.	Office for Students with Disabilities (OSD) Facilitates formal academic accommodations for medically documented conditions and recovery.
Office for the Prevention of Harassment & Discrimination (OPHD) UC San Diego Title IX Office • Web: ophd.ucsd.edu	Reporting Portal: ucsdcms.i-sight.com/portal Email: ophd@ucsd.edu